

CENTRE BENNY CENTER NEWSLETTER

JEUNESSE BENNY

Since 1990 Jeunesse Benny has managed the year-round youth programs at Benny Center. (back of St. Monica School).

Program Highlights

*Benny Center Winter Schedule
19th Annual Gym Camping Trip
Movies in the Park 2009
Fall Gym Programs
Outdoor Recreation for Teens
Intro to Winter Activities 2010*

Benny Center 2010

*Winter Carnival Feb. 13th
Earth Day Sale Apr. 17th
Fête Nationale Party Jun. 24th
Movie in Benny Park Jul. 22nd
Gym Camping Trip Jul 30-1st
Fall Festival September*

Day Camp Registrations

Starting in April 2010

NDG Outing & Sports Club

For well over 30 years, NDG OSC has been organizing outdoor recreation and leadership programs for the residents of NDG.

BENNY CENTER YOUTH PROGRAMS

www.centrebenny.org

Jeunesse Benny (JB) is the not-for-profit community organization managing Benny Center in partnership with the City of Montréal. Focusing on programs for local youth, Benny Center offers free drop-in gym activities throughout the year, as well as a summer day camp and special events for the community. For more information please give us a call or visit our website.

2010 Winter Gym Schedule

Drop-in Programs

Mon. to Fri.
6pm - 8pm

Basketball

Tue. & Thu.
8pm - 10pm

Saturday Club

Sat. 1pm - 4pm

Family Activities

Fri. 6pm - 8pm
Sat. 1pm - 3pm

Benny Center Hours

Mon.- Fri. 6pm - 9pm
Saturdays 1pm - 4pm

Registrations

Gym Activities: **ongoing**
Intro Winter Activities: **Jan. 20th 6 - 8pm**



19th ANNUAL GYM CAMPING TRIP

Jeunesse Benny introduced another generation of NDG youth to wilderness camping this summer, as 110 youth spent the weekend at La Maurice National Park canoeing, kayaking, hiking and telling ghost stories. Special for the International Year of Astronomy, everyone had the opportunity to see first hand, giant craters in the moon and follow the 4 moons of Jupiter through telescopes and binoculars.



Movies in the Park 2009

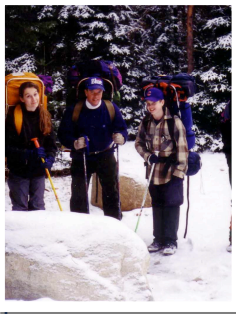
Every summer since 2002, Jeunesse Benny has been organizing 5 free Movie in the Park family nights, in collaboration with Comité Jeunesse NDG and NDG Outing & Sports Club.

Each year over 5000 residents enjoy a fun evening of inflatable games, BBQ and movie in local parks. Hope to see you again next summer.

CENTRE BENNY CENTER

Fall Programs

After such a busy summer of Day Camp Programs, Camping Trips, Movies in the Park, Festi-faim Food Drive and many other community events, Fall activities concentrated on back to basics with lots of free gym programs such as basketball, hockey badminton and a few special activities & trips. Families enjoy Friday night games activities while older teens enjoy open basketball later in the evening.



NDG OSC OUTDOOR RECREATION

Activities for Teens
12-14 yrs.

Thu. 6pm - 8pm

- Open to NDG teens interested in a year-round outdoor recreation program.
- Winter activities include snowshoeing, skiing, tobogganing & X-C skiing.
- Spring/ Summer activities include hiking, canoeing & camping trips.
- Fall programs include hiking, fund raising activities & backpacking trips.
- Youth participate in community events & raise money to pay for their activity fees.



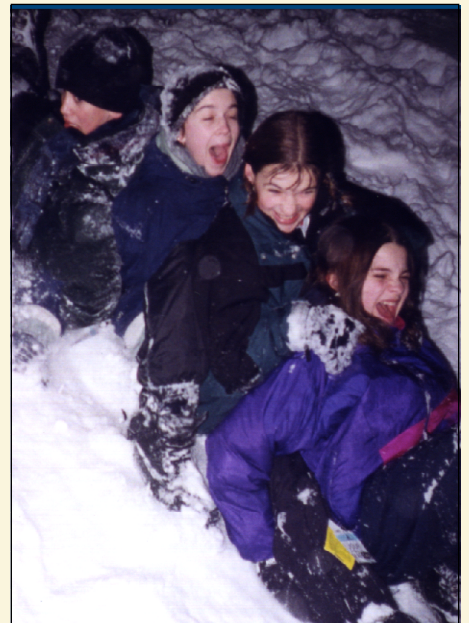
Introduction to Winter Activities Saturdays in January.

Our introduction to winter sports program runs for 4 Saturdays from Jan. 23rd - Feb. 14th. The four week intro to snowshoeing & cross country skiing is offered at Benny Center (activities in Benny Park), with a winter carnival on the final Saturday, Feb. 13th.

Ages 8 - 9 yrs. 10 am - 12 pm
10 - 12 yrs. 1 pm - 3 pm

Registration: Jan. 20th 6-8 pm
Benny Center

Cost is \$15 (Equipment included.)
Winter Carnival Day February 13th



Come on out
and enjoy
winter in
Benny Park
**SATURDAYS
IN JANUARY!**

www.centrebenny.org